



Essex Skating Club of New Jersey, Inc.
Club Session Guidelines for Parents, Skaters, Coaches, and Volunteers
EFFECTIVE MAY 30, 2025

By purchasing ice time or giving lessons on Essex Skating Club contracted sessions for the 2025-2026 season, you acknowledge that you have read and understand these guidelines. **The parent or guardian of a minor skater must discuss these rules with the skater to ensure the rules are understood to the best of the skater's age related ability.**

The Essex Skating Club of New Jersey prides itself on being a skater friendly organization supporting freestyle, dance, pairs, skating skills (formerly moves in the field), adaptive, synchronized, and theater on ice skating for all ages and abilities. Please adhere to our rules and continue the spirit of the Essex Skating Club as established in May 1954.

- **Safety of skaters and coaches on the ice surface is the NUMBER ONE priority.**
- Skaters, Coaches, and Monitors must adhere to the current rink and public safety protocols.
- Club session capacity will follow current public safety guidelines of the state of New Jersey.
- ESC may use Club ice sessions for Club activities. Dates for activities will be announced via email.
- ESC may use Club ice sessions for Low Test sessions. Testing will be announced during the session and the tester wearing the sash will have right of way.
- Parents, skaters, coaches, monitors, and all volunteers are expected to show courtesy at ESC sessions. **Use of profanity and harassment of volunteers is strictly prohibited and will be dealt with accordingly.**
- Anyone deliberately challenging, scaring or intentionally blocking another skater (athlete or coach) will be asked to leave the ice immediately. Repeat offenses will result in suspension or revocation of club membership.
- Belongings and beverages should be placed securely away from the ice surface.
- Skaters or coaches must provide their own adapters to play music (e.g. Apple dongles).
- **NO EARBUDS. Skater must be able to hear others to avoid collision.**
- **Skater may not monopolize surface area to take personal videos.**
- Order of music is LESSON, LESSON, NON-LESSON, LESSON, LESSON, NON-LESSON etc.
- Skaters performing to music are required to wear a sash and have the right of way.
- Virtual testing and virtual lessons are prohibited.
- Skaters and coaches should not congregate in groups on the ice, especially the corners.

Parent and Guardian (P/G) Guidelines

1. **Spectators are not allowed in the rink during sessions.**
2. **Coaching or providing instruction to a skater that is on the ice surface is strictly prohibited.**
3. Refusal to pay for ice time used or interference with enforcement of session rules and etiquette, **especially safety matters**, will result in suspension of club privileges or permanent revocation of club membership.
4. To protect the privacy of our coaches and skaters, videotaping that may include anyone other your skater and their coach is discouraged.
5. Verbally or physically threatening a parent, coach, skater, monitor, volunteer, or Club Officer will result in suspension of club privileges or revocation of club membership.
6. Session fees must be paid **prior** to session admittance and the skater should only skate during the designated session time. Skating across sessions requires the skater to pay for the second session. Payment can be in the form of **exact change**, check payable to Essex Skating Club, credit card or ESC discount punch card.
7. Virtual testing and virtual lessons are prohibited.

Skater Guidelines

1. Skaters must be members in good standing of US Figure Skating and Essex Skating Club of New Jersey, Inc.
2. Guests must be members in good standing of US Figure Skating either as an individual member or as a member of a USFS club and must pay "guest" rate.
3. Skater should enter/exit the ice at the session start/end time. Do not enter before start time.
4. Skater should display color coded band on wrist or ankle and it must be visible at all times.
5. Skaters should politely notify others who may be unaware of their pattern or program.
6. **Jumps should be practiced with landings in the corners. Spins should be practiced towards center ice, allowing space for skating skills patterns to proceed through the center.**
7. **The yellow sash must be worn while skating to program music.**

Coach Guidelines

1. All coaches must be members in good standing with US Figure Skating, be registered with the management of Richard J. Codey Arena, and be approved by the Essex Skating Club Board. Coaches must have passed the annual background screening and carry liability insurance per US Figure Skating requirements. **No exceptions.**
2. Coaches should educate students on proper etiquette and reinforce the concept of "safety first".
3. Coaches should teach from the boards unless demonstrating or choreographing a program.
4. Coaches should politely notify others who may be unaware of their skater's pattern or program. Yelling at or intimidating other skaters will not be tolerated and result in possible disciplinary action.
5. To protect the privacy of our coaches and skaters, videotaping that may include anyone other your skater is discouraged.
6. Virtual testing and virtual lessons are prohibited.

Monitor Guidelines

- Documented in ***Supplement to Club Session Guidelines for Parents, Skaters, Coaches, and Volunteers***

Escalation Procedures for Incidents on Club Ice

These procedures should be followed by Parents, Skaters, Coaches, Monitors and all Volunteers:

- Report incident to Monitor who must attempt to resolve the situation during the session and based on the guidelines set forth within this document.
- If further review of the incident is required, Ice Monitor should submit report to ESC Board of Trustees (essexskatingclub@gmail.com).
- The ESC Board of Trustees will bring any issues that require involvement of Arena Management to the attention of the Arena Director.
- The ESC Board of Trustees will conduct necessary fact finding and communicate findings/actions to all involved parties upon completion.

SPECIAL NOTE – There are no test session requirements on any sessions. More experienced skaters must yield right of way to less experienced skaters when there is risk of collision. Coaches should educate less experienced skaters on best practices and safety while entering/exiting the ice surface and while practicing on the ice surface.